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## **RELOCATION INTENTION OF OLDER PEOPLE TO SMART RETIREMENT VILLAGE: A CONCEPTUAL FRAMEWORK**

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## Abstract

The paper aims to propose a conceptual framework in order to examine the relocation intention of older people to a smart retirement village (SRV) in Malaysia based on the push-pull approach and the Five-Factor Personality Model. In this paper, the issues of population ageing, retirement villages built globally and locally, and past studies related to the push-pull and five personality dimensions are reviewed. Due to the scarcity of research regarding SRV in Malaysia, factors influencing the relocation intention of older people to an SRV are still under-explored in Malaysia. There is limited study linking personality and relocation intention, thus, understanding the personality of older people may help to examine salient factors which prompt them to relocate. Although SRV is a fairly recent model of provision in Malaysia, they are plausible to address objectives of main policy on supporting older people's independence and quality of life. The outcome of the study will certainly benefit to individuals that are related with commissioning and developing services for older people in the public and private sectors.

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## 1. Introduction

This section provides an overview of population ageing in Malaysia and issues related to the Smart Retirement Village (SRV). Besides, the theoretical and empirical studies related to the Push-pull framework with the Five-Factor Model of Personality are also discussed in this section.

#### 1.1. Impacts of population ageing

Demographic ageing or population ageing is a type of demographic event where there is an increase in the number of older people in the population. It is one of the crucial demographic events that occurred in the 21st century (Wan-Ibrahim & Ismail, 2014). The rapid rise in the elderly population is not a new global phenomenon (Holdsworth et al., 2013). Population ageing is known as the remarkable 21st-century social transition, which will affect the society that includes financial markets and labour markets, goods and services demands for instance housing needs, healthcare, social protection and transportation. A rise in the elderly population could cause changes in economics and social to various countries, for example, more demand on healthcare, pension systems and welfare, a rise in dependency ratios, and reduced forces in labour (Pastalan, 1990).

In Malaysia, the number of older people aged above 60 years is estimated to rise up to 3.3 million in the year 2020. Department of Statistics Malaysia stated that Malaysia will experience population ageing as the population aged above 65 years hits 7.2% in 2020. Moreover, Selected Demographic Indicators Malaysia in 2018 concluded that for 65 years and above age group have a population of 2.10 million in 2018 as compared to 2.00 million in 2017. Currently, the health care system in Malaysia is focused on short-term care and hospitalization. In addition, Shannon et al. (2010) also found out that the elderly are a special population with special housing needs and aspirations. Therefore, there is an important call to add more facilities to address the needs of the elderly in Malaysia, especially in Long-Term Care provision. The aged care service delivery is complicated and requires detailed planning in Malaysia as it is a multiracial country (Lim, 2012).

#### 1.2. Retirement village

Hu et al. (2017) stated that a retirement village can generally be defined as a community for the elderly that is well-equipped with many accommodations, service, and facility to assist the elderly needs. Living independently, institutionalization and age-friendly environment are the foremost retirement village's characteristics (Hu et al., 2017). Retirement villages are known as "desirable and appropriate to spend one's golden years" in Australia (Stimson & McGovern, 2002, p. 3). It is one of the factors for older people relocation decision as retirement villages can meet the needs of older people (Crisp et al., 2013). Services in retirement villages vary from food and accommodations, maintenance and repair services, features of security, transport services and medical practitioners visits (Kennedy & Coates, 2008).

Meanwhile, in Malaysia, retirement villages are considered as a newly introduced accommodation, thus most Malaysian senior aged at home rather than joining community villages. According to Ong (2002), the concept of retirement communities or retirement villages like those in the Western countries are at the beginning phase in Malaysia, thus, the demand rarely studied. The idea of retirement homes in the western countries are newly introduced in Malaysia, thus, the demands have not been studied (Ong, 2002).

Currently, four retirement villages in Malaysia such as The Green Leaf and AraGreens Residence in Selangor state, Green Acres in Ipoh Perak state and Eden-on-the-Park in Kuching, Sarawak were developed.

## 1.3. Smart retirement village

A smart retirement village is the evolved version of retirement villages. Smart village is defined as a society with a vision of the future that includes the use of ICT in a fresh and innovative manner to empower its inhabitants, institutions and areas as a whole (Jung, 1998; Lindskog, 2005). One of the global phenomena that exist is the concept of the smart community or village (Coe et al., 2001; Lindskog, 2005). The improvisation in information communication technologies (ICTs) has made this a globally growing phenomenon (Kim et al., 2012). Harper (2003) and Kim et al. (2012) believed that to improve the quality of life, the smart paradigm should cover smart homes. Frisardi and Imbimbo (2011) viewed Smart home as a technology-equipped housing that facilitates monitoring old residents to improve quality of life and promote physical independence, in addition, to reduce caregiver burden, in their study of dementia in the context of ageing. Even though research regarding retirement villages includes abundance of issues like relocation of the residents, living experience and environment in the village, less studies has been conducted to the involvement of Internet of Things, which depicts a world of networked smart devices, in the planning process of Smart Retirement Village (SRV) establishment from the perspectives of older people.

## 1.4. Push-pull framework

Over the years, the combined influence of 'push' and 'pull' factors have resulted in the conceptual framework used to describe relocation decisions (Bogue, 1969). As motivation is a complicated and complex phenomenon, thus it is best to be elaborated using push and pull forces. A study by Darton et al. (2011) state that the reasons for moving were classified as a push or pull factors, relating to older people's circumstances or to the benefits of extra care provided by the destination of migration. Push and pull factors were relocation purposes, which push factors are defined as circumstances pushing people apart from current house and pull factors which attract individuals to a new destination and also known as relocating or migrate encouragement (Golledge & Stimson, 1997). Table 01 below summarizes past study regarding elderly relocating to retirement villages using the push-pull framework.

Crisp et al. (2013)	Australia	Key points:
		- The factors that supports relocation to a retirement village: "continuing healthcare demands, home maintenance assistance and the location is near to facilities"
		- The factors that opposes relocation: afraid of independence loss and concerns regarding privacy
		- Facilities of retirement villages that influence relocation decisions: having some independence, assisted living facilities and "space to get out and walk around"

Table 01. Summary of past studies related to the push-pull factors to a retirement village

Tyvimaa and Kemp	Finland	Push factors:
(2011).		- Communal environment: unsafe neighbourhood, lack
		of services
		- Physical environment: heavy housework, need for
		renovation
		- Personal circumstances: social isolation, health status,
		need for assistance
		Pull factors:
		- Social environment: new lifestyle, activities, age
		homogeneity
		- Physical environment: easy living, purpose-built
		- Community environment: location, access to services
		and public transportation

In this paper, the push-pull factors will be selected based on the study according to Stimson and McCrea (2004) as the main reference for this paper. Generally, declining health and mobility are the top most cited justification for relocations during old age (Bekhet et al., 2009; Stimson & McCrea, 2004). Additional needs for more services such as health care after ageing will highly likely prompt an individual to deem retirement village as an amenity which supports living independently and providing care continuity facilities.

#### 1.5. The Five-Factor Model of personality

The extent of whether retirement village is viewed as a suitable housing in the future might be linked to more distinctive individual characteristics such as personality. The characteristics of individuals, especially personality, that may influence relocation into retirement village living is rarely studied. Substantial research has proven that personality traits are responsible for the distinction of reactions of life events in different individuals. The five broad dimensions (extraversion, agreeableness, conscientiousness, openness and neuroticism) of the Five-Factor Model of Personality (Costa & McCrae, 1992) that have been linked with various significant individual, interpersonal and social outcomes (Ozer & Benet-Martinez, 2006).

By grasping how personality characteristics affect an individual's adjustment plans in later life may stipulate the reason several older adults are prone to the retirement villages' concept than the counterparts. A study conducted by Reis and Gold (1993) had included explanatory mechanisms of why retirement adjustment should be linked with the Big 5 Personality. They concluded that life satisfaction can be enhanced through the factor of Extraversion and Agreeableness which aids a better support network in retirement. Proactive coping in retirement is determined by Conscientiousness, involvement in new activities by Openness, while Neuroticism could cause the major retirement transition harder to cope with. Specifically, individuals having a high score in extraversion are usually defined by assertiveness and social activities participation which attract to retirement village's social opportunities. While those high in agreeableness and conscientiousness adapt well to life events and environments that are new (Bardi & Ryff, 2007), individuals having a higher openness score enjoys experiences that are stimulating and novel (Koenig & Cunningham, 2001), possibly making them consider relocation more promptly. Therefore, it is

essential to investigate whether the different personality characteristics of older people affect their future relocation intention to SRV.

## 2. Problem Statement

Population ageing is growing and so does the demand for better healthcare and facilities. Currently, Malaysia's health care system focuses on short-term care and hospitalization. Even though Malaysia citizens can enjoy thorough medical and health care services, specific programs dedicated to the elderly are inadequate as the elderly requires care in the long term (Mafauzy, 2000). The aged care service delivery is complicated and requires detailed planning in Malaysia as it is a multiracial country (Lim, 2012).

Generally, Retirement village is known as a feasible institute targeted to the elderly. However, this concept of Long-Term Care is still new in Malaysia and there are limited studies available to understand the relocation intention of the Malaysian elderly to a retirement village. Due to the advancement of science and technology, traditional retirement villages had evolved into a Smart Retirement Village, unfortunately less is investigated regarding the acceptance of the elderly to a Smart Retirement Village. Besides, the identification of components and personality characterizing older people relocating to retirement village housing in the future are crucial in developing a deeper understanding of the needs and expectations of the elderly populations to create a better age-friendly environment for the elderly in Malaysia.

## 3. Research Questions

1. What are the push and pull factors that affect the relocation intention of older people to a Smart Retirement Village?

2. How does personality affect the relocation intention of older people to a Smart Retirement Village?

## 4. Purpose of the Study

This study aims to propose a conceptual framework to examine the relocation intention of older people to relocate to a smart retirement village based on the push-pull approach and the Five-Factor Personality Model.

## 5. Research Methods

This study will be based on quantitative approaches, via the questionnaire distribution with the older people (i.e retiree) aged 60 and above at the Activity Centre for the Older People (PAWE), a service of social aids or community reaching out and development to the elderly. Out of the 51 PAWE, only those PAWE located at Klang Valley will be selected for the purpose of this study. Letters will be sent out to the individual PAWE to obtain management approval to conduct interviews with older people (i.e., retirees, aged 60 and above) who perform daily activities at the centre.

A pilot study with 30 respondents will be conducted and followed by the distribution of the final refined questionnaires randomly to a sample of 300 older people (i.e., retirees) who perform daily activities at PAWE.

## 6. Findings

The proposed conceptual framework is illustrated in Figure 01:

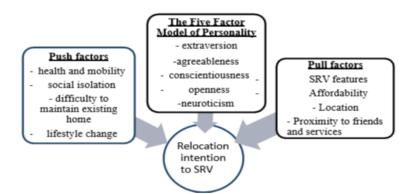


Figure 01. Push-pull framework of relocation intention of older people to Smart Retirement Village

## 7. Conclusion

By understanding the influencing factors to consider relocation to a smart retirement village from the perspective of older people, the special needs of the Malaysia's elderly can be determined. This paper is related to the Strategic Thrust 1 (i.e., enhancing inclusiveness towards an equitable society) of 11th Malaysia Plan (2016-2020) which aim to enhance the living environment for the elderly. As a result, Governments, developers and family members will be able to promote the delivery of an SRV, thus creating an age-friendly environment for older people in Malaysia.

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