# ICPESK 2018 <br> International Congress of Physical Education, Sports and Kinetotherapy. Education and Sports Science in the 21st Century, Edition dedicated to the $95^{\text {th }}$ anniversary of UNEFS <br> WOMEN'S REPRESENTATION IN MANAGEMENT POSITIONS IN TEN ROMANIAN SPORTS FEDERATIONS 

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#### Abstract

In the contemporary era, due to the women's ascension to management positions more and more often, studying their representation in various organizations has become a point of interest for many authors. Although statistics in recent years have identified an upward trend in the presence of women in leadership positions, it seems that this is true only for middle-level management, while for senior management positions women still have a very small percentage. These percentages are due to the existing stereotypes according to which women have poor professional training and also greater family responsibility than men. The woman's path to senior management positions is presented in publications as paved with "glass shavings". When it comes to women in top management positions, studies abound in concepts involving this element, such as: glass ceiling, glass escalator, glass cliff. The most popular concept is the "glass ceiling", which signifies the possibility of women's ascension to management positions only to a certain point. In addition, it is still considered that management activities are traditionally masculine, while women are assigned household and childcare activities. The aim of this paper is to approach women's representation in management positions and the level of management where they are active, in 10 national sports federations from Romania. In the 10 national sports federations surveyed, women had a representation of $20 \%$ for the position of president, $18 \%$ for vice-president, $20 \%$ for general secretary and $30 \%$ for federal coach.


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## 1. Introduction

Although women's involvement in sports field is growing, they are still under-represented in decision-making positions in sports structures, both at the local, national, European and global levels. At European level, women occupy an average of $14 \%$ of the decision-making positions in the continental confederations of Olympic sports, according to the report of the European Institute for Gender Equality (EIGE, 2017). Also, in the 28 confederations analysed, of the 91 management positions, there were only one female president and eight vice-presidents. Therefore, as we move forward in the institutional hierarchy, gender disparities are increasing.

In addition, in our country it is still widely considered that management activities are traditionally masculine, while women are assigned household and childcare activities (The Gallup Organization, 2000) and women are viewed as a vulnerable group on the labour market (Cornea \& Petreus, 2012).

## 2. Problem Statement

This paper addresses the issue of gender equality in national sports federations, more precisely the representation of women in the top management positions of these sports structures.

At the level of the EU Member States, the representation of women in the highest decision-making positions in sports organizations remains extremely low. In 2015, on average, only $14 \%$ of these posts were occupied by women, ranging from $3 \%$ (in Poland) to $43 \%$ (in Sweden).

For the position of president, women accounted for only $4 \%$ in 2015, $9 \%$ for vice-president, $15 \%$ for member of the highest commissions, and $22 \%$ for general manager/ general secretary (Figure 01).

These percentages illustrate that although women have begun to be represented in management positions in sports organizations, the more we get into the hierarchy of top management, the percentage of women's representation is decreasing (Shaw \& Frisby, 2006). This concept is known as the "glass ceiling", which signifies the possibility of women's ascension to management positions only to a certain point (Avram \& Cooper, 2008). We can see how, from $22 \%$ for the positions of general secretary, we only reach $4 \%$ for the position of president.


Figure 01. Percentage of women and men occupying decision-making positions in the continental confederations of Olympic sports in Europe, 2015
Source: Data was gathered from all 28 continental confederations of Olympic sports in Europe, by the European Institute for Gender Equality (EIGE) in 2015.

## 3. Research Questions

In the present paper we wanted to answer such questions as: "Are women equally represented in management positions in national sports federations?", "Are women represented in a higher percentage in low and middle management positions than in top management positions?"

## 4. Purpose of the Study

The purpose of this study was to identify the current state of women's representation in management positions in 10 national sports federations.

## 5. Research Methods

In the study, we used the following research methods to collect the necessary data: literature review and unstructured interview. For the processing of the obtained data we used the statistical-mathematical method, and for the suggestive representation of the obtained results we later used the graphic representation method.

The study was conducted on 10 national sports federations, analyzing the representation of women in management positions, more specifically, the president, vice-president, general secretary and federal coach positions from these federations.

## 6. Findings

To carry out our study, we chose 10 national sports federations, namely: Romanian Swimming and Modern Pentathlon Federation, Romanian Handball Federation, Romanian Basketball Federation, Romanian Athletics Federation, Romanian Triathlon Federation, Romanian Rugby Federation, Romanian Rhythmic Gymnastics Federation, Romanian Judo Federation, Romanian Table Tennis Federation, Romanian Baseball and Softball Federation. We chose these federations for their diversity: we have team sports federations and individual sports federations, more developed federations and smaller federations, well-known national federations with notable results, and less known federations.

In Table 01, we see how women are represented in the four chosen management positions (president, vice president, general secretary, federal coach).

Table 01.Women's representation in management positions in 10 national sports federations

| Federation name | President | Vice <br> president | General <br> Secretary | Federal <br> Coach |
| :--- | :--- | :--- | :--- | :--- |
| 1. Romanian Swimming and Modern Pentathlon <br> Federation | F | M | M | 3 M |
| 2. Romanian Handball Federation | M | F | M | $2 \mathrm{M}, 2 \mathrm{~F}$ |
| 3. Romanian Basketball Federation | M | $\mathrm{M}, \mathrm{F}$ | M | M |
| 4. Romanian Athletics Federation | M | 4 M | M | $3 \mathrm{M}, 3 \mathrm{~F}$ |
| 5. Romanian Triathlon Federation | M | 2 M | M | M |
| 6. Romanian Rugby Federation | M | 3 M | M | M |
| 7. Romanian Rhythmic Gymnastics Federation | F | F | F | F |
| 8. Romanian Judo Federation | M | $4 \mathrm{M}, 1 \mathrm{~F}$ | M | M |
| 9. Romanian Table Tennis Federation | M | M | F | M |
| 10. Romanian Baseball and Softball Federation | M | 2 M | M | M |

*M/F- Gender (male or female)

Only two of the 10 national sports federations have female presidents, respectively: Romanian Swimming and Modern Pentathlon Federation and Romanian Rhythmic Gymnastics Federation. Thus, women are represented by $20 \%$ in the most important position of a federation (Figure 02). Also, it is worth mentioning that, out of all 74 national sports federations, only 7 have female presidents ( $9.46 \%$ ).


Figure 02. Women's representation in the "President" position

For the vice-president position, the percentage is even lower, $18 \%$ (Figure 03 ). 4 of the 22 vicepresidents are women. It is worth mentioning that, we have only one federation in which all 4 management positions are occupied by women, Romanian Rhythmic Gymnastics Federation.


Figure 03. Women's representation in the "Vice President" position

For the position of general secretary, we have only two women (Romanian Rhythmic Gymnastics Federation and Romanian Table Tennis Federation), respectively a percentage of 20, the same as in the case of the president position (Figure 04). This percentage is very close to the one from the continental confederations of Olympic sports in Europe, mentioned above (22\%).


Figure 04. Women's representation in the "General Secretary" position

In the 10 federations we have 20 federal coaches, of which 6 are women, respectively $30 \%$ (Figure 05). The 6 women with the federal coach position are found in 3 federations: Romanian Rhythmic Gymnastics Federation, Romanian Handball Federation, Romanian Athletics Federation. This 30\%, being the biggest of the four leading positions studied, confirms previous studies on gender equality. When women occupy management positions, this is especially true for middle and low management positions and less for top management positions, as we also saw in Figure 01, where, at European level, from $22 \%$ for the positions of general secretary, we only reach $4 \%$ for the position of president.


Figure 05. Women's representation in the "Federal Coach" position

## 7. Conclusion

The main conclusion from this study is that women are not equally represented in management positions in national sports federations. In the 10 national sports federations surveyed, women had a representation of $20 \%$ for the position of president, $18 \%$ for vice-president, $20 \%$ for general secretary and $30 \%$ for federal coach. Therefore, women have a higher percentage of representation in low and middle management than in top management positions. The same situation can be observed in the percentage of
women occupying decision-making positions in the continental confederations of Olympic sports in Europe where, from $22 \%$ for the positions of general secretary, we only reach $4 \%$ for the position of president.

We also identified a single federation where all 4 management positions are occupied by women, Romanian Rhythmic Gymnastics Federation (rhythmic gymnastics being a sport practiced only by women in our country). In 3 of the 10 federations, women are not present in any of the 4 management positions: Romanian Triathlon Federation, Romanian Rugby Federation and Romanian Baseball and Softball Federation.

Analysing all this data, we can say that women are still under-represented in management positions in national sports federations and the situation may not change in the near future. A solution for increasing gender-balanced representation could be to impose gender quotas in these national structures, as it is already happening in various sports organizations at European level and not only (European Commission, 2013).

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